

Dairy Llaethdy

The Bench Italian Ice-cream

Contact Name: Giani Di Lorenzo & Jo Sime

11 High Street, St David's, Pembrokeshire SA62 6SB

T: 01437 721778

E: jo@bench-bar.co.uk

W: www.bench-bar.co.uk

Traditional Italian-style ice-cream, all made on the premises from organic Caerfai milk to very high standards. Hundreds of various flavours available, as well as flavours made to order. Sorbets and sugar free options also available.

Business Hours: Open all year, 8.30am – 10pm Winter, 7am – 11pm Summer.

Deliveries: Contact for further information

Main Supply Market: Direct sale, hospitality and catering.

Hufen iâ yn null traddodiadol Eidaleg, wedi'u gwneud yn y fan a'r lle gan ddefnyddio llaeth organig Caerfai i'r safonau uchaf. Cannoedd o flasau gwahanol ar gael yn ogystal â blasau ar archeb. Dewis o sorbets a heb siwgr ar gael hefyd.

Oriau busnes: Ar agor trwy gydol y flwyddyn, 8.30am - 10pm Gaeaf, 7am - 11pm Haf.

Dosbarthu: Cysylltwch i gael rhagor o fanylion

Marchnadoedd a Gyflenwir yn Bennaf: Gwerthu uniongyrchol, lletygarwch ac arlwy.

Caerfai Organic Dairy Farm

Soil Association G1644 P5872

Contact Name: Wyn Evans

Caerfai Farm, St. Davids, Haverfordwest, Pembrokeshire SA62 6QT

T: 01437 720548

E: chrisevans69@hotmail.com

W: www.caerfai.co.uk

Organic farm house Cheddar and Caerphilly cheese, plus Caerphilly with leek and garlic, and Caerphilly with spring onion and garlic. Organic unpasteurised milk available. All products are produced on Caerfai farm using milk from our own cows.

Business Hours: Please telephone for further details

Deliveries: UK

Main Supply Market: Wholesale cheese distributors, organic farmshops and own shop. Retail delicatessens, local shops and restaurants

Caws tŷ fferm organig Cheddar a Chaerffili, yn ogystal â Chaerffili gyda chennin a garleg a Chaerffili gyda shibwns a garleg. Llaeth organig heb ei basteureiddio ar gael. Caiff yr holl nwyddau eu cynhyrchu ar fferm Caerfai gan ddefnyddio llaeth ein gwartheg ni ein hunain.

Oriau busnes: Ffoniwch i gael manylion pellach os gwelwch yn dda.

Dosbarthu: y DU

Marchnadoedd a Gyflenwir yn Bennaf: Dosbarthwyr cyfanwerthu caws, siopau fferm organig. Siopau delicatessen manwerthu, siopau a thai bwyta lleol.



Caws Cenarth Organic Cheese

Contact Name: Carwyn Adams

Fferm Glyneathinog, Llancych, Boncath, Pembrokeshire SA37 0LH

T: 01239 710432

E: cenarth.cheese@virgin.net

W: www.cawscenarth.co.uk

An organic farmhouse cheese made exclusively from local organic milk. Several varieties including Gold Award/Best Welsh Cheese Farmhouse. Caerffili as sold in Harrods, and Perl Wen and Perl Lâs. Soil Association Gold Award 2006 and two True Taste Awards in 2006.

Mail Order: Yes

Business Hours: 9am-5pm Monday to Saturday

Deliveries: Farmshop, local, national and international.

E-commerce: Yes

Main Supply Market: Wholesale distributors, independent retail, Harrods, House of Fraser etc. and own shop

Caws tŷ fferm organig a wneir yn llwyr o laeth ein buchod organig lleol. Ar gael mewn nifer o wahanol fathau, gan gynnwys Caws Ffermdy Gorau Cymru/Gwobr Aur. Caerffili fel a werthir yn Harrods, a Pherl Wen a Pherl Las. Gwobr Aur Cymdeithas y Pridd 2006, 2 x Gwobr y Gwir Flas 2006.

Archebu Trwy'r Post: Ie

Oriau busnes: 9am-5pm dydd Lluni I Sadwrn

Dosbarthu: Siopau fferm, lleol, cenedlaethol, rhyngwladol

E-fasnach: oes

Marchnadoedd a Gyflenwir yn Bennaaf: Dosbarthy I gyfanwerthwyr, manwerthwyr annibynnol, Harrods, House of Fraser ac ati, a siop fferm y busnes.

Charlemar

Contact Name: Leon and Marion Charman

Slade House, Slade Cross, Pembroke Dock, Pembrokeshire SA72 4RY

T: 01646 684477

E: leon@charlemar.plus.com

Fresh farm eggs, raw goats' milk and yoghurt. Vegetables in season grown on site.

Business Hours: 8am-8pm Monday to Saturday

Deliveries: No

Main Supply Market: Direct sales

Wyau fferm ffres, laeth a iogwrt gafr amrwd. Llysiau wedi'u tyfu ar y safle yn eu tymor.

Oriau busnes: 8am-8pm Dydd Llun i Ddydd Sadwrn

Dosbarthu: Na

Marchnadoedd a Gyflenwir yn Bennaaf: Gwerthiannau uniongyrchol



Cowpots

Contact Name: Brian Bowman

Pen-y-Back Farm, Ciffig, Whitland SA34 0NG

T&F: 01994 240434

E: cowpotsicecream@tiscali.co.uk

Premium Jersey dairy ice-cream made on the farm with milk from our own pedigree Jersey cows. Up to 20 flavours available in various sized tubs direct from our farm and delivered wholesale. Gluten-free.

Business Hours: 9am-5pm

Deliveries: South and West Wales

Main Supply Market: Direct sales, retail and catering

Hufen iâ laeth Premiwm Jersey a wneir ar fferm gan ddenfynddio laeth ein buchod Jersey o dras. Hyd at 20 blas ar gael mewn tybiau o wahanol faint yn uniongyrchol o'n fferm ac wedi'u dosbarthu'n cyfanwerth. Heb glwten.

Oriau busnes: 9am-5pm

Dosbarthu: De a Gorllewin Cymru

Marchnadoedd a Gyflenwir Bennaaf: Gwerthu'n uniongyrchol, manwerthu ac arlwy

Cresselly Eggs

Contact Name: Alyson Cole

Horse Park, Cresselly, Kilgetty, Pembrokeshire, SA68 0TY

T: 01646 651319

E: lowercastleton@hotmail.com

Free-range eggs produced from our flock of 4000 hens

Mail Order: Yes

Business Hours: 8am – 6pm

Deliveries: Yes, Pembrokeshire

Main Supply Market: Local shops, caterers and customers

Wya maes gan ein praidd o 4000 o ieir

Archebu Trwy'r Post: Ie

Oriau Busnes: 8am – 6pm

Dosbarthu: Ie, Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaaf: Siopau lleol, arlwywyr a chwsmeriaid

Drim Farm Foods

Contact Name: Mr M L McNamara

Drum Farm, Llawhaden, Narberth, Pembrokeshire SA67 8DN

T&F: 01437 541295

Pembrokeshire clotted cream available in 150 gm and 1 kg size. Milk from own Jersey cows.

Business Hours: Any reasonable hour

Deliveries: Wales

Main Supply Market: Independent retailers, catering, and own shop

Hufen tolch Sir Benfro ar gael mewn tybiau 150gm a 1kg. Llaeth o'n buchod Jersi ni ein hunain.

Oriau busnes: Unrhyw amser rhesymol

Dosbarthu: Cymru

Marchnadoedd a Gyflenwir yn Bennaaf: Adwerthwyr annibynnol, arlwy, a siop y busnes



The Egg Shed Ltd

Contact Name: Scott Bailey

Ratford Farm, Ratford Bridge, Haverfordwest, Pembrokeshire SA62 3LT

T&F: 01437 760169

E: sbailey159@btinternet.com

Free-range eggs.

Business Hours: 7am – 9pm

Deliveries: Pembrokeshire area

Main Supply Market: Wholesale and retail

Ffermio wya buarth.

Oriau busnes: 7am – 9pm

Dosbarthu: Ardal Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaaf: Cyfanwerthu a manwerthu.

“Free From” Free-range Eggs

Contact Name: Angie Kent

Maes Dyffryn, Valley Road, Wiston, Nr Haverfordwest SA62 4PJ

T: 07964351296

Free-range hen eggs. Highly commended in the True Taste Awards

Business Hours 8am-6pm

Deliveries: 20 mile radius

Main Supply Market: Farm gate, Pembroke Farmers Market, Pembrokeshire Produce Direct

Wya ieir maes. Cawsant ganmoliaeth uchel yng Ngwobrau'r Gwir Flas.

Oriau Busnes: 8am-6pm

Dosbarthu: O fewn pellter o 20 milltir

Marchnadoedd a Gyflenwir yn Bennaaf: Wrth Gât y Fferm, Marchnad Ffermwyr Penfro, Cynnyrch Uniongyrchol Sir Benfro



The Fresh Produce Centre

Contact Name: Mr Ian Hunter

The Fresh Produce Centre, East Estate, Withybush Business Park, Haverfordwest, Pembrokeshire SA62 4BW

T: 01437 760166

F: 01437 764539

In-house dairy producing skimmed, semi-skimmed, full milk and cream from Pembrokeshire milk. Also wholesaler of fruit and vegetables, prepared vegetables and salads, using local produce where possible, plus Braces bread supplier.

Business Hours: 6am-4pm Monday to Saturday

Deliveries: Pembrokeshire, Carmarthenshire, Ceredigion and West Glamorgan daily.

Main Supply Market: Catering and retail outlets

Llysiau a saladau wedi'u paratoi gan ddefnyddio cynnyrch lleol lle bo modd. Hefyd cyfanwerthu ffrwythau a llysiau. Amrediad eang o llysiau a saladau yn cael eu paratoi'n ddyddiol. Dosbarthu dyddiol.

Oriau busnes: 6am-4pm Dydd Llun i Ddydd Sadwrn

Dosbarthu: Sir Benfro, Ceredigion a Sir Gaerfyrddin

Marchnadoedd a Gyflenwir yn Bennaf: Mannau arlwyo ac adwerthu



Harries Eggs

Contact Name: June Harries

Little West, Walton East, Clarbeston Road, Pembrokeshire SA63 4TA

T & **F**: 01437 731347

E: harrieseggs@tiscali.co.uk

Egg production.

Business Hours: All hours

Deliveries: Pembrokeshire

Main Supply Market: Supermarket, butchers, hotels, guest houses, door-to-door.

Wyau ein fferm ni ein hunain.

Oriau busnes: Bob amser

Dosbarthu: Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaf: Adwerthwyr annibynnol ac arlwyo



Little Hook Dairy

Contact Name: Mr M Evans

Little Hook, Ambleston, Haverfordwest, Pembrokeshire SA62 5QX

T: & **F**: 01437 741677

M: 07929296869

E: littlehook@zoom.co.uk

Pasteurised, full cream, semi and skimmed bottled milk. Double cream and butter milk. Catering sizes also available. Producer/retailer, retailing all products produced on farm using milk from our own herd of cows.

Business Hours: 8am-8pm

Deliveries: North Pembrokeshire

Main Supply Market: Direct sales, retail and catering

Llaeth a hufen pasteuiddiedig llawn, hanner sgim a sgim wedi'u potelu. Hufen dwbl a llaeth enwyn. Meintiau arlwyo ar gael hefyd. Cynhyrchwrl/adwerthwr, yn adwerthu holl gynnyrch y fferm gan ddefnyddio llaeth ein buches ni ein hunain.

Oriau busnes: 8am-8pm

Dosbarthu: Gogledd Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaf: Gwerthiannau uniongyrchol, adwerthu ac arlwyo



Llaeth Bethesda Milk

Contact Name: Robert Gibby

Sarnwgwm, Bethesda, Narberth, Pembrokeshire SA67 8HG

T&F: 01437 563039

Pasteurised full cream, semi-skimmed and skimmed milk, cream and butter. All milk is produced from our own herd of cows and bottled on site. Brandy butter available at Christmas only.

Business Hours: Any reasonable hour

Deliveries: North, South and Mid-Pembrokeshire

Main Supply Market: Direct sales to shops, direct from farm, independent retailers

Llaeth pasteurieddig llawn, hanner sgim a sgim, hufen a menyn. Cynhyrchir a botelir yr holl laeth o'n buches ni ein hunain a gynhyrchir ac a fotelir ar y safle.

Oriau busnes: Unrhyw amser rhesymol

Dosbarthu: Gogledd a chanol Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaf: Gwerthu'n uniongyrchol i siopau yn syth o'r fferm, adwerthwyr annibynnol



Mary's Farmhouse Ice-cream

Contact Name: Mr John Hursey

The Fairfield, Crymych, Pembrokeshire SA41 3QE

T: 01239 831440

F: 01239 831636

E: hq@marys-farmhouse.co.uk

W: www.marys-farmhouse.co.uk

Dairy ice-cream, sorbets and meringues. Also distribution of speciality products. All ice-cream, sorbets and meringues are additive free.

Business Hours: 8am-5pm

Deliveries: Wales and South-West. Meringues delivered nation-wide

Main Supply Market: Independent, retail, catering and wholesalers

Hufen iâ, sorbedau a meringues. Dosbarthu cynnyrch arbennig hefyd. Nid oes unrhyw ychwanegion yn ein hufen iâ, sorbedau na'n meringues.

Oriau busnes: 8am-5pm

Dosbarthu: I Gymru a De-orllewin Lloegr. Danfonir meringues ledled y wlad.

Marchnadoedd a Gyflenwir yn Bennaf: Annibynnol, manwerthu, arlwyo a chyfanwerthwyr



The Old Butchers

Soil Association G2969

Contact Name: J & J Dadswell

Spring Villa, Maenclochog, Clunderwen, Pembrokeshire SA66 7LE

T: 01437 532474

Producers of organic eggs – hen, duck, goose and turkey when in season. Commended in the True Taste of Wales 2006 and 2007 Awards.

Business Hours: 9am-5pm

Deliveries: No

Main Supply Market: Independent retailers and own shop

Cynhyrchwyr wyau organig – ieir, hwyaid, gwyddau a thwrciod yn eu tymor. Cymeradwywyd yng Ngwobrau Gwir Flas Cymru 2006 & 2007.

Oriau busnes: 9am-5pm

Dosbarthu: Na

Marchnadoedd a Gyflenwir yn Bennaf: Manwerthwyr annibynnol a siop y busnes.



Pant Mawr Farmhouse Cheeses

Contact Name: David, Cynthia or Jason Jennings

Pant Mawr Farm, Rosebush, Clynderwen, Pembrokeshire SA66 7QU

T&F: 01437 532627

E: pantmawr_jennings@hotmail.com

W: www.pantmawrcheeses.co.uk

Manufacturer of continental style cows and goat's cheeses in plain mild/mature, plain soft mould ripened with creamy texture, smoked and soft curd cheeses, using local milk.

Pasteurised milk suitable for vegetarians.

Mail Order: Yes

Business Hours: If we're in, we're open

Deliveries: UK mainland

Main Supply Market: Cheese wholesalers, retailers, shops, delicatessans, catering, own shop

Cynhyrchwr cawsiau tebyg i rai cyfandirol o laeth buwch a gafr lleol, rhai plaen mwyn/cryf, plaen meddal aeddfed ag ansawdd hufennog, cawsiau mwg a rhai ceuled meddal. Llaeth pasteureiddiedig ac yn addas ar gyfer llysiuwywr.

Archebu Trwy'r Post: Ie

Oriau busnes: Os ydym gartref rydym ar agor

Dosbarthu: Tir mawr y DU

Marchnadoedd a Gyflenwir yn Bennaf: Cyfanwerthwyr caws, adwerthwyr, siopau, delicatessens, arlwy, siop y busnes



Pembrokeshire Cheese Company

Contact Name: Tim Whittal-Williams

Merlin's Bridge, Haverfordwest, Pembrokeshire SA61 1JN

T: 01437 762852

F: 01437 760624

E: timwhittal-williams@firstmilk.co.uk

W: www.pembrokeshirecheesecompany.co.uk

Manufacturer of cheddar and other hard pressed cheeses.

Business Hours: 9am-5pm Monday to Friday

Deliveries: National

E-commerce: Yes

Main Supply Market: Multiple and independent retailers and wholesalers

Cynhyrchwr caws Cheddar a cawsiau gwasgedig eraill.

Oriau busnes: 9am-5pm Dydd Llun i Ddydd Gwener

Dosbarthu: Cenedlaethol E-fasnach: Ie

Marchnadoedd a Gyflenwir yn Bennaf: Nifer o adwerthwyr a chyfanwerthwyr annibynnol



Pennsylvania Free-range Eggs

Contact Name: Mr & Mrs DLE Havard-Evans

Pennsylvania Farm, Crundale, Haverfordwest, Pembrokeshire SA62 4DF

T: 01437 762176

E: penn_farm@yahoo.co.uk

Free-range eggs produced, packed and sold to local businesses.

Business Hours: 9am-5pm

Deliveries: Pembrokeshire and West Carmarthenshire

Main Supply Market: Independent retailers, wholesalers and catering trade. Spar.

Wya Maes wed'u cynhyrchu, eu pacio a'u gwerthu l fusnesau lleol.

Oriau Busnes: 9am-5pm

Dosbarthu: De a Chanolbarth Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaf: Gwerthu a Manwerthu Uniongyrchol



Trioni Ltd

Soil Association: G5746

Contact Name: Abby Solomon

Ffosyficer, Abercych, Boncath, Pembrokeshire SA37 0EU

T: 01239 682572

F: 0560 114 3106

E: sales@trioni.com

W: www.trioni.com

Organic milk business selling wholemilk, semi-skimmed and skimmed in 2 litre, 1 litre and 500ml bottles. Also produce DAIONI, a flavoured longlife milk drink which is low in fat and sugar, in Banana, Strawberry and Chocolate flavours, available in 250ml and 125ml sizes. Also produced under the DAIONI brand, is longlife semi-skimmed milk in a 1 litre pack and in a breakfast cereal portion.

Business Hours: 9.00am - 5.00pm 5 days a week - 24 hr. answerphone.

Deliveries: Twice a week in Wales. DAIONI flavoured milk – worldwide (subject to quantity).

Main Supply Market: Direct sales, retail, multiples, schools and colleges

Busnes llaeth organig sy'n gwerthu llaeth cyfan, llaeth lled-sgim a sgim mewn poteli 2 litr, 1 litr a 500 ml. Maent hefyd yn gwneud DAIONI, llaeth oes hir, â blas arno, sydd heb fawr ddim siwgr na braster ynddo. Y cyflasau yw Banana, Syfi a Siocled, ac maent ar gael mewn meintiau 250ml a 125ml. Hefyd o dan frand DAIONI maent yn gwneud llaeth lled-sgim oes hir mewn pecyn 1 litr ac mewn maint dogn grawnfwyd brecwast.

Oriau Busnes: 9.00am - 5.00pm 5 diwrnod yr wythnos – peiriant ateb 24 awr.

Dosbarthu: Dwywaith yr wythnos yng Nghymru. Llaeth DAIONI â blas-ledled y byd (yn amodol ar faint).

Marchnadoedd a Gyflenwir yn Bennaf: Gwerthu'n uniongyrchol, adwerthu, siopau cadwyn, ysgolion a cholegau.

