

Wholesalers & Distributors Chyfanwerthwyr & Dosbarthwyr

A J Carrington & Sons Ltd

Contact Name: Tom Carrington

Solbury Mountain Farm, Solbury, Dale Road, Haverfordwest, Pembrokeshire SA62 3SB

T: 07768100159

F: 01437 768943

E: carringtons@carringtons.plus.com

Potato merchants, haulage contractors. Potatoes grown in partnership with local farmers. Supplying fresh raw potatoes to the wholesale, retail and catering trades.

Business Hours: 8am-5pm, Monday to Saturday

Deliveries: Pembrokeshire and South Wales

Main Supply Market: Wholesalers, retailers and fish and chip shops.

Gwerthyr tato, contractwyr halio. Caiff y tato eu tyfu ar y cyd â ffermwyr lleol.

Rydym yn gwerthu tato amrwd i gyfanwerthwyr, manwerthwyr ac arlwywyr

Oriau busnes: 8am-5pm dydd Llun I Sadwrn

Dosbarthu: Sir Benfro a De Cymru

Marchnadoedd a Gyflenwir yn Bennaf: Cyfanwerthwyr, manwerthwyr a siopau pysgod a sglodion

Andrew Rees & Sons Ltd (Catering Unit)

Contact Name: Andrew Rees & Chris Davies

Units 3 + 4, West Wales Business Park, Redstone Road, Narberth, Pembrokeshire SA67 7ES

T&F: 01834 860470

E: admin@andrewreesbutchers.co.uk

W: www.andrewreesbutchers.co.uk

Our catering unit supplies a full range of fresh and frozen meat and poultry products, all locally sourced where possible, portion controlled catering products, and a large range of own recipe sausages, burgers and cooked meats. Pre-bookable mobile pig roasts available for parties weddings and other functions.

Business Hours: 7am-5pm

Deliveries: Pembrokeshire and West Carmarthenshire

Main Supply Market: Hospitality and catering trade; hotels, restaurants, theme parks, nursing homes.

Mae ein huned arlwyo'n cynnig ystod lawn o gynnyrch cig a dofednod ffres ac wedi eu rhewi, y cyfan wedi eu cynhyrchu'n lleol lle bynnag bo'n bosibl, cynnyrch arlwyo wedi eu rheoli fesul dogn, ac amrywiaeth eang o selsig, byrgyrs a chigoedd wedi eu coginio i'n rysetiau ein hunain. Gellir archebu mochyn rhost ar glud o flaen llaw ar gyfer partiön, priodasau ac achlysuron eraill.

Oriau Busnes: 7.00am- 5pm

Dosbarthu: Sir Benfro a Gorllewin Sir Gaerfyrddin

Marchnadoedd a Gyflenwir yn Bennaf: Masnach lletygarwch ac arlwyo:- gwestai, tai bwyta, parciau thema a chartrefi nyrsio.



Black Mountain Foods Ltd

Contact Name: Mr Peter Mitchell

1 Beechwood, Llandeilo, Carmarthenshire SA19 2HR

T: 01558 823424

F: 01558 823734

E: mynydddu@aol.com

W: www.blackmountainfoods.co.uk

Specialising in distribution of organic and free-range meats and poultry. Refrigerated distribution of all fresh organic meat and poultry.

Business Hours: Normal office hours, 24hr answerphone

Deliveries: London, South England and M4 corridor

Main Supply Market: Independent retailer and specialist shops

Yn arbenigo mewn dosbarthu cigoedd a dofednod buarth ac organig. Mae'r holl gig a dofednod organig ffres yn cael eu dosbarthu mewn oergell.

Oriau busnes: Oriau swyddfa arferol, peiriant ateb 24 awr

Dosbarthu: Llundain, De Lloegr a choridor yr M4

Marchnadoedd a Gyflenwir yn Bennaf: Adwerthwyr annibynnol a siopau arbenigol



Brombys Sandwiches

Contact Name: Danny Voaden

The Old RAF Bunker, Templeton Airfield, Templeton, Pembrokeshire SA67 8SR

T: 01834 862957

F: 02920 920334

E: danny@brombys.com

W: www.brombys.com

Manufacturer and distributor of high quality pre-packed sandwiches, rolls, baguettes and ciabattas, and supplier of other “food to go” products such as pies, pasties and cakes.

Business Hours: Office Sun - Fri 9am – 6pm. 24hr answerphone.

Deliveries: South-West Wales

Main Supply Market: Retail and forecourt outlets, the catering trade and other sandwich companies

Busnes sy'n gwneud a dosbarthu brechdanau, rholiau, ffyn bara a ciabata o safon uchel, sydd wedi'u pacio'n barod. Mae hefyd yn cyflenwi cynhyrchion “bwyd parod” eraill fel potenni pasteiod a theisennau

Oriau Busnes: Swyddfa Dydd Sul- Gwener 9-6. Peiriant ateb 24 awr.

Dosbarthu: I Dde-orllewin Cymru

Marchnadoedd a Gyflenwir yn Bennaf: Manwerthfeydd a blaengyrtiau, y fasnach arlwygo a chwmnïau brechdanau eraill.

Calon Wen Organic Foods Ltd

Soil Association: P16WW

Contact Name: Maxime Taylor

Unit 4, Whitland Industrial Estate, Spring Gardens, Whitland, Carmarthenshire SA34 0HR

T: 01994 241368

F: 01994 241063

E: info@calonwen.co.uk

W: www.calonwen.co.uk

Organic one-stop-shop. Wholesale/retailer and home deliveries for full range of organic fruit, vegetables and dairy products from leading Welsh growers and brands. Official distributors for Rachels Organic yoghurts. Official distributor for Calon Wen Dairy products.

Business Hours: 8am-6pm, and 24 hour answer machine

Deliveries: Mid and South-West Wales

Main Supply Market: Shops, restaurants, box schemes and individuals

Siop organig un stop .Cyfanwerthu/adwerthu a dosbarthu amrediad llawn o ffrwythau, llysiau, bwydydd cyflawn a nwyddau llaeth organig gan brif gynhyrchwyr a brandiau Cymru i gartrefi. Dosbarthwr swyddogol Cynnyrch Llaeth Calon Wen.

Oriau busnes: 8am-6pm, a pheiriant ateb 24 awr

Dosbarthu: ar draws Cymru

Marchnadoedd a Gyflenwir yn Bennaf: Siopau, bwytai, cynlluniau blychau ac unigolion.



Castell Howell Foods Limited

Contact Name: Kathryn Jones

Carmarthen Cash and Carry, Stephens Way, Pensarn, Carmarthen, SA31 2BG

T: 01267 222022

F: 01267 220967

E: enquiries@castellhowellfoods.co.uk

W: www.castellhowellfoods.co.uk

Frozen Food Department at Crosshands –

T: 01269 846060

Distributor of foods to the catering trade. One-stop-shop with large stock of Welsh produce including meats, dairy, preserves etc.

Business Hours: 7 days a week

Deliveries: North, South and West Wales, excluding South Pembrokeshire and West England

Main Supply Market: Catering trade & hospitality

Dosbarthwr bwydydd i fusnesau arlwyo. Siop un stop gyda stoc fawr o gynnyrch Cymreig gan gynnwys cigoedd, cynnyrch llaeth, cyffeithiau, ayb.

Oriau busnes: 7 diwrnod yr wythnos

Dosbarthu: De a Gorllewin Cymru, ac eithrio De Sir Benfro Marchnadoedd a Gyflenwir yn Bennaif: Busnesau arlwyo.

Marchnadoedd a Gyflenwir yn Bennaif: Y Fasnach Arlwyo a lletygarwch

Caws Cymru

Contact Name: Richard or Theo

Unit 1, Wervil Grange, Pentregat, Llandysul, Ceredigion SA44 6HW

T&F: 01239 654800

E: caws.cymru@virgin.net

Wholesalers of Welsh dairy and other food produce, including bacon, preserves, waffles, paté.

Business Hours: 24hr answerphone

Deliveries: North, Mid and West Wales

Main Supply Market: Delicatessans, specialist retail and catering

Cyfanwerthwyr cynnyrch llaeth Cymreig a bwydydd eraill, gan gynnwys bacwn, cyffeithiau, wafflau, paté.

Oriau busnes: Peiriant ateb 24 awr

Dosbarthu: Gogledd, Canol a Gorllewin Cymru

Marchnadoedd a Gyflenwir yn Bennaif: Delicatessens, adwerthu arbenigol ac arlwyo.

Celtic Sea Products

Contact Name: Caroline Morris

The Docks, Milford Haven, Pembrokeshire SA73 3AA

T: 01646 698279

F: 01646 699537

E: caroline@celticseaproducts.co.uk

W: www.celticseaproducts.co.uk

Seafood processor and wholesale/retail outlet, specialise in seafood. The highest quality products from environmentally friendly sources

Business Hours: Monday to Saturday 8am—5pm

Deliveries: Nationally

Main Supply Market: All major fish wholesale markets. Local restaurants and catering establishments.

Proseswr bwyd môr ac allfa cyfanwerthu/adwerthu, sy'n arbenigo mewn bwyd môr. Cynnyrch o'r ansawdd gorau o ffynonellau sy'n garedig i'r amgylchedd

Oriau Busnes: dydd Llun i ddydd Sadwrn 8am—5pm

Dosbarthu: Cenedlaethol

Marchnadoedd a Gyflenwir yn Bennaif: Pob prif farchnad gyfanwerthu pysgod. Tai bwyta lleol a sefydliadau arlwyo.

Evan Rees Dyfed Ltd

Contact Name: Mr Russell Bush

Parc Owen Industrial Estate, Station Road, St Clears, Pembrokeshire

T&F: 01994 230511

Butter, cheese and egg merchants. Welsh butters and cheeses. Also milk, cream and yoghurts.

Business Hours: 7.30am-5pm

Deliveries: Pembrokeshire, Carmarthenshire, Ceredigion

Main Supply Market: Independent stores, caterers, colleges and smaller wholesalers

Masnachwyr menyng, caws ac wyau. Gwahanol fenyn a chawsiau Cymreig. Llaeth, hufen a iogwrt hefyd.

Oriau busnes: 7.30am-5pm

Dosbarthu: Sir Benfro, Sir Gaerfyrddin, Ceredigion

Marchnadoedd a Gyflenwir yn Bennaaf: Siopau annibynnol, arlwywyr, colegau a chyfanwerthwyr llai.

The Fresh Produce Centre

Contact Name: Mr Ian Hunter

The Fresh Produce Centre, East Estate, Withybush Business Park, Haverfordwest, Pembrokeshire SA62 4BW

T: 01437 760166

F: 01437 764539

Prepared vegetables and salads, using local produce where possible. Also wholesale fruit and vegetables. Wide variety of vegetables and salads prepared daily. In-house dairy and Braces bread supplier.

Business Hours: 6am-4pm Monday to Saturday

Deliveries: Pembrokeshire, Carmarthenshire, Ceredigion and West Glamorgan daily.

Main Supply Market: Catering and retail outlets

Llysiau a saladau wedi'u paratoi gan ddefnyddio cynnyrch lleol lle bo modd. Hefyd cyfanwerthu ffrwythau a llysiau. Amrediad eang o lysiau a saladau yn cael eu paratoi'n ddyddiol. Dosbarthu dyddiol.

Oriau busnes: 6am-4pm Dydd Llun i Ddydd Sadwrn

Dosbarthu: Sir Benfro, Ceredigion a Sir Gaerfyrddin

Marchnadoedd a Gyflenwir yn Bennaaf: Mannau arlwygo ac adwerthu



Glyn Thomas (Wholesale Fruit & Veg)

Contact Name: Glyn Thomas

Little Acre Farm, Robeston Wathen, Narberth, Pembrokeshire

T: 01348 840397

M: 07866 070521

Suppliers of fresh fruit and vegetables, delivered daily to the retail and catering trade. Local produce supplied when possible. Also exotic fruit and vegetables available.

Business Hours: Dawn to dusk and beyond. Answer phone – I will call you back!

Deliveries: Pembrokeshire

Main Supply Market: Retail and catering trade

Cyflenwyr ffrwythau a llysiau ffres a ddsbarthir yn ddyddiol i fusnesau adwerthu ac arlwygo. Cyflenwir cynnyrch lleol lle bo modd. Ffrwythau a llysiau egsotig ar gael hefyd.

Oriau busnes: O doriad gwawr i fachlud haul a thu hwnt. Peiriant ateb – fe alwaf i chi'n ôl!

Dosbarthu: Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaaf: Busnesau adwerthu ac arlwygo



Hayman Norton Ltd

Contact Name: Richard Hayman

Norton Farm, Rosemarket, Milford Haven, Pembrokeshire SA73 1JD

T: 07831363802

F: 01646 602196

E: nortonfarm@talk21.com

Producer and supplier of potatoes – chipping and catering supplied.

Business Hours: 8am-5pm

Deliveries: Pembrokeshire

Main Supply Market: Chip shops and food outlets

Cynhyrchwr a chyflenwr tato – sglodion tato ac arlwyo ar gael hefyd

Oriau busnes: 8am-5pm

Dosbarthu: Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaf: Siopau Sglodion a manau gwerthu bwyd.

Jones and Davies (Fruit) Ltd

Contact Name: Mr Robert Williams

Pontwelly, Llandysul, Carmarthenshire SA44 4AJ

T: 01559 363281

F: 01559 363591

E: jones-and-davies@lineone.net

Wholesale distribution of fresh fruit and vegetables, ready prepared vegetables. Lord par-fried chips. Also exotic fruit and vegetables to retail and catering outlets. Daily deliveries 6 days a week. Using local produce where possible.

Business Hours: 6am-4pm Monday-Friday, 6pm-11am Saturday. 24hr answerphone

Deliveries: South & West Wales

Main Supply Market: Retail, Catering establishments, local authorities and general catering trade

Dosbarthu cyfanwerth - ffrwythau a llysiau ffres a llysiau wedi'u paratoi'n barod. Sglodion wedi'u ffrio'n rhannol mewn lard. Hefyd ffrwythau a llysiau i fusnesau adwerthu ac arlwyo. Dosbarthu'n ddyddiol ar 6 diwrnod yr wythnos. Defnyddir cynnyrch lleol lle bynnag y bo modd.

Oriau busnes: 6am-4pm Dydd Llun-Dydd Gwener, 6pm-11am Dydd Sadwrn. Peiriant ateb 24 awr

Dosbarthu: De a Gorllewin Cymru

Marchnadoedd a Gyflenwir yn Bennaf: Busnesau adwerthu ac arlwyo, awdurdodau lleol a'r fasnach arlwyo yn gyffredinol.

Nigel Davies (Little Bens Produce)

Contact Name: Nigel Davies and Michelle Hawkins

The Old Nursery, Robeston West, Milford Haven, Pembrokeshire SA73 3TL

T&F: 01646 697988

E: benjake05@yahoo.co.uk

Growers of brassicas, potatoes, beans, squashes and salads. Wholesalers of all fruit and vegetables, salads, exotics. Pan-fried chips, prepared salads and vegetables. We also rear our own Berkshire/Welsh pigs

Business Hours: 7am-9pm. Otherwise answerphone or fax

Deliveries: Milford Haven, Burton, Haverfordwest, Pembroke and all west.

Main Supply Market: Retail, wholesale and box schemes.

Busnes sy'n tyfu cnydau bresych, tatws, ffa, pwmpenni a saladau. Mae hefyd yn cyfanwerthu ffrwythau a llysiau, saladau a phlanhigion estron. Rydym yn magu ein moch Berkshire/Cymreig ein hunain.

Oriau Busnes: 7am-9pm. Fel arall mae gennym beiriant ateb neu ffacs.

Dosbarthu: I Aberdaugleddau, Burton, Hwlfordd, Penfro a'r gorllewin i gyd.

Marchnadoedd a Gyflenwir yn Bennaf: Manwerthu, cyfanwerthu a chynlluniau blwch.

Organic Fresh Food Company Ltd

Contact Name: Ms Suzanne Rees

Llambed Estate, Lampeter, Ceredigion SA48 8LT

T: 01570 423099

F: 01570 423280

E: catherine@organicfreshfoodcompany.co.uk

W: www.organicfreshfoodcompany.co.uk

Wholesale, retail, home delivery and distribution of organic fruit and vegetables, British grown where possible.

Business Hours: 9am-5pm 6 days a week

Deliveries: UK & Northern Ireland. Home deliveries in Wales

Main Supply Market: Wholesale and own organic farmshop.

Cyfanwerthu, manwerthu, dosbarthu l'r ty – ffrwythau a llysiau organig, a dyfwyd ym Mhrydain lle bo'n bosibl.

Oriau busnes: 9am-5pm 6 diwrnod yr wythnos

Dosbarthu: DU a Gogledd Iwerddon. Dosbarthu l'r ty yng Nghymru

Marchnadoedd a Gyflenwir yn Bennaf: Cyfanwerthwyr ac archfarchnadoedd.

Pembroke Sea

Contact Name: Nigel & Mary Richards

Mill House, Fishguard Road, Haverfordwest, Pembrokeshire SA62 4BP

T&F: 01437 769292

At Pembroke Sea we produce our own range of Pembrokeshire Pantry Foods, (chef-produced dishes such as curries, lasagne and stroganoff) together with top-quality desserts from Mill House Foods, from cheesecakes and scones to Tortes and Gateaux, all kitchen produced of homemade quality. We also have a range of comfort food – apple pies, sticky toffee pudding and apple crumble.

Business Hours: Anytime - phone to check we're here

Deliveries: South-West of Aberystwyth/Port Talbot line

Main Supply Market: Restaurants, hotels, pubs and sandwich makers

Yr Pembroke Sea rydym yn gwneud ein hamrywiaeth ein hunain o Fwydydd Pantri Sir Benfro (fel Cyriau, Lasagne a Stroganoff wedi eu gwneud gan ben-cogyddion). Hefyd, mae gennym bwdinau o'r safon uchaf gan Mill House Foods, fel Teisennau Caws a Sgons a Theisennau Siocled a Theisennau Hufen. Mae popeth wedi'i wneud yn y gegin – ac mae safon bwyd cartref iddo. Ac ar ben hynny mae gyda ni amrywiaeth o fwyd cysur – Teisennau Afal, Pwdin Taffi Stecs a Phwdin Briwsiau Afalau.

Oriau busnes: Unrhyw adeg – ffoniwch i weld a ydym i mewn

Dosbarthu: l'r De-Orllewin o Aberystwyth/ llinell Aberafan

Marchnadoedd a Gyflenwir yn Bennaf: Bwytai, gwestyau, tafarndai gwneuthurwyr brechdanau



Pembrokeshire Foods Ltd

Contact Name: Steffi George

Hasgaurd Cross, Haverfordwest, Pembrokeshire SA62 3UY

T: 01437 781888

F: 01437 781128

E: info@pembrokeshirefoods.co.uk

W: www.pembrokeshirefoods.co.uk

Frozen food wholesalers supplying South-West Wales with quality local, Welsh and worldwide frozen foods to the hospitality trade. Mostly daily deliveries.

Business hours: Monday-Friday 8am-5pm. Saturday seasonal

Deliveries: South-West Wales

Main Supply Market: Hospitality, catering, retail and other food service.

Cyfanwerthwyr bwyd wedi'i rewi sy'n cyflenwi de orllewin Cymru â bwydydd wedi'u rhewi lleol, Cymru a byd eang o safon i'r fasnach lletygarwch.

Dosbarthu dyddiol yn bennaf

Oriau busnes: dydd Llun – dydd Gwener 8am-5pm. Sadyrnau Tymhorol.

Dosbarthu: de orllewin Cymru

Marchnadoedd a Gyflenwir yn Bennaf: Maes lletygarwch, arlwygo, manwerthu a gwasanaethau bwyd eraill.

R & M Fruit & Veg

Contact Name: Mr Craig Weston

Bridge Street, Lower St. Clears, Carmarthen, Carmarthenshire

T&F: 01994 230040

Fruit and veg under-cover market. Huge selection of daily fresh fruit and veg. Flowers, homemade cakes, sponges, tarts, chutneys and preserves and now stocking whole and organic foods, dairy foods and teas and coffees.

Business Hours: 8am-2pm Monday, 8am-5pm Tuesday to Friday, 8am-2pm Saturday

Deliveries: Local

Main Supply Market: Retail shop, catering and wholesale

Marchnad ffrwythau a llysiau dan do. Dewis helaeth o ffrwythau a llysiau ffres yn ddyddiol. Blodau, cacennau, teisennau sbwnj, tartenni, siytnis a chyffeithiau cartref, a bellach yn cadw bwydydd cyflawn ac organig.

Oriau busnes: 8am-2pm Dydd Llun, 8am-5pm Dydd Mawrth i Ddydd Gwener, 8am-2pm Dydd Sadwrn

Dosbarthu: Lleol

Marchnadoedd a Gyflenwir yn Bennaif: Siopau adwerthu, busnesau arlwygo a chyfanwerthu.

Redbridge Produce & Flowers (Ltd)

Contact Name: Mr Gareth Davies

Wern Road, Goodwick, Fishguard, Pembrokeshire SA64 0AA

T: 01348 872287

F: 01348 873872

E: gareth.davies@redbridge-wholesale.co.uk

W: www.redbridge-wholesale.co.uk

Wholesale distribution of fruit and vegetables, potatoes, dairy, cheeses and bread. All local produce when in season. Daily deliveries 6 days a week.

Business Hours: 5am-4pm Monday to Friday, 5am-12pm Saturday

Deliveries: Pembrokeshire, Cardiganshire, Carmarthenshire

Main Supply Market: Catering, retail, hotels, hospitals, colleges, refineries, shipping

Cyfanwerthu ffrwythau a llysiau tatws, Llaeth, caws a bara a'u dosbarthu. Cynnyrch lleol yn eu tymor. Dosbarthu dyddiol 6 diwrnod yr wythnos.

Oriau busnes: 5am-4pm Dydd Llun i Ddydd Gwener, 5am-12pm Dydd Sadwrn

Dosbarthu: Sir Benfro, Ceredigion, Sir Gaerfyrddin

Marchnadoedd a Gyflenwir yn Bennaif: Busnesau arlwygo, adwerthu, gwestyau, ysbytai, colegau, purfeydd, llongau



Robert Griffiths Foods

Contact Name: Mr Robert Griffiths

Carn-Nwchwn Farm, St. Davids, Haverfordwest, Pembrokeshire SA62 6QN

T&F: 01437 720288

Ducks, geese, guinea fowl, chicken and game products, portioned and delivered.

Business Hours: 9am-5pm Monday to Friday

Deliveries: South-West Wales

Main Supply Market: Butchers and catering

Hwyaid, gwyddau, ieir gini, ieir a gêm wedi'u torri'n ddarnau a'u dosbarthu.

Oriau busnes: 9am-5pm Dydd Llun i Wener

Dosbarthu: De-Orllewin Cymru

Marchnadoedd a Gyflenwir yn Bennaif: Cigyddion a busnesau arlwygo.

South and West Wales Fishing Communities Ltd

Contact Name: Marion Warlow

1 Victory House, Nelson Quay, Milford Marina, Milford Haven, Pembrokeshire, SA73 3AA

T: 01646 699127

F: 01646 699178

E: marion@swwfc.org

W: www.swwfc.org.uk

Fishermen's Association covering geographic area from Cardiff to Cardigan representing the sustainable interests of the inshore fishing fleet. Wet fish and shellfish sourced from local fishermen and details passed on for sale of catch to retail and wholesale.

Mail Order: No

Business Hours: Mon – Fri 9am – 5pm

Deliveries: No

Cymdeithas Pysgotwyr sy'n gweithredu ledled yr ardal ddaearyddol o Gaerdydd i Aberteifi, ac sy'n cynrychioli buddiannau sylweddol y fflyd bysgota fewndirol. Byddwn yn cael gafael ar bysgod gwlyb a physgod cregyn gan bysgotwyr lleol; yna anfonir y manylion ymlaen er mwyn gwerthu'r ddalfa i fusnesau manwerthu a chyfanwerthu.

Archebu Trwy'r Post: Na

Oriau busnes: Dydd Llun I Wener 9am-5pm

Dosbarthu: Na

Templeton Beer, Wine & Spirit Co

Contact Name: Lyndon Belt

Address: Goose Green, Templeton, Pembrokeshire SA67 8SD

T: 01834 860992

F: 01834 860561

E: lyndon@templeton-drinks.co.uk

W: www.templeton-drinks.co.uk

Wholesale drinks, cash and carry, supplying key beers, wines, spirits, soft drinks, mineral water etc. Open 7 days a week. Daily delivery service. Public welcome

Mail Order: Yes

E-commerce: Yes

Business Hours: 8am-5pm Mon-Fri. 10am-12.30pm Sat & Sun

Deliveries: Pembrokeshire, Carmarthenshire, Ceredigion

Main Supply Market: Pubs, clubs, hotels, restaurants, cafes, shops, petrol forecourts (customer collections welcome)

Diodydd cyfanwerth, talu a chario, gwerthu'r prif gwrwau, prif gwinoedd, gwirodydd, diodydd ysgafn, d r mwynol ac yn y blaen. Ar agor 7 diwrnod yr wythnos. Gwasanaeth danfon dyddiol ar gael. Croeso i bawb.

Archebu Trwy'r Post: Ie E-fasnach: Ie

Oriau Busnes: 8am-5pm Dydd Llun-Gwener 10am-12.30pm Dydd Sadwrn a Sul

Dosbarthu: Sir Benfro, Sir Gâr, Ceredigion

Marchnadoedd a Gyflenwir yn Bennaf: Tafarnau, clybiau, gwestai, bwytai, caffis, siopau, blaengyrtiau gorsafoedd petrol (mae croeso i gwsmeriaid ddod yma i brynu nwyddau)

Ultracomida

Contact Name: Paul Grimwood and Shumana Palit
7 High Street, Narberth, Pembrokeshire SA67 7AR

T: 01834 861491

Artisan cheeses from Wales, France and Spain. Various deli products from Wales and Spain including oils, preserves, Welsh beers, wines and charcuterie. True Taste Gold Retail Award Winner 2005/06.

Business Hours: 9.30am-5pm, Monday to Saturday

Deliveries: No

Main Supply Market: Retail and wholesale to caterers.

Cawsiau o Gymru, Ffrainc a Sbaen. Amrywiaeth o nwyddau o Gymru a Sbaen yn cynnwys olewau, cyffeithiau, cwrw o Gymru, gwinoedd a chigoedd. Enillydd Gwobr Manwerthu Y Gwir Flas 2005/06.

Oriau busnes: 9.30am-5pm, dydd Llun i Sadwrn.

Dosbarthu: Na

Marchnadoedd a Gyflenwir yn Bennaf: Manwerthu a chyfanwerthu l arlwywr

Upton Farm Frozen Foods Ltd

Contact Name: Keith Adie

Unit 5, Warriar Way, Pembroke Dock, Pembrokeshire SA72 6UB

T: 01646 685777

F: 01646 621152

W: Through Yell.com

A wide range of frozen food and ice-cream produce delivered wholesale. Many Pembrokeshire and Welsh products available. Daily deliveries throughout most of Pembrokeshire.

Business Hours: 8am-5pm Monday to Friday, 8am-12pm Saturday

Deliveries: Pembrokeshire

Main Supply Market: Pubs, hotels, leisure sites, cafés

Dosbarthu cynnyrch bwyd rhewedig a hufen iâ cyfanwerth. Llawer o gynnyrch Sir Benfro a Chymreig ar gael.

Oriau busnes: 8am-5pm Dydd Llun i Ddydd Gwener, 8am-12pm Dydd Sadwrn

Dosbarthu: Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaf: Tafarndai, gwestyau, safleoedd hamdden, caffis.



Vin Sullivan Foods Ltd

Contact Name: Mr J Sullivan

Gilchrist Thomas, Blaenavon, Gwent NP4 9RL

T: 01495 792792

F: 01495 792277

E: sales@vin-sullivan.co.uk

W: www.vin-sullivan.co.uk

Wholesale distribution of specialist food including dairy, cheese, all wet fish, shellfish, poultry, game, hams, charcuterie and dry goods. Over 5,000 lines distributed nationwide. Overnight service available.

Mail Order: Yes

Business Hours: 8am-6pm Monday to Friday. 24hr answerphone

Deliveries: Nationally

Main Supply Market: Wholesale hospitality and catering, and own shop
Dosbarthu cyfanwerth - bwydydd arbenigol gan gynnwys cynnyrch llaeth, caws, pysgod ffres, pysgod cregyn, dofednod, gêm, hamiau, charcuterie a llieiniau. Dros 5,000 o wahanol nwyddau yn cael eu dosbarthu ledled y wlad. Gwasanaeth dros nos ar gael.

Archebu Trwy'r Post: Ie

Oriau busnes: 8am-6pm Dydd Llun i Ddydd Gwener. Peiriant ateb 24 awr

Dosbarthu: Yn Genedlaethol

Marchnadoedd a Gyflenwir yn Bennaf: Cyfanwerthu i fusnesau croesawu ac arlwy, a siop y busnes

Walter Davies & Sons

Contact Name: Mr C Davies (Manager)

The Docks, Milford Haven, Pembrokeshire SA73 3AE

T: 01646 692331

F: 01646 690810

Wholesale fresh and frozen fish and shellfish. Supplier to pub and restaurant trade. Shop open to the public. Local fish a speciality.

Business Hours: Office 7am-2pm Monday to Friday. Shop 10am-2pm Monday to Thursday, 9am-1.30pm Friday

Deliveries: Pembrokeshire

Main Supply Market: Wholesale, retail catering, and own shop
Cyfanwerthu pysgod ffres a rhewedig a physgod cregyn. Cyflenwr tafarndai a bwytai. Siop ar agor i'r cyhoedd.

Oriau busnes: Swyddfa 7am-2pm Dydd Llun i Ddydd Gwener. Siop 10am-2pm Dydd Llun i Ddydd Iau, 9am-1.30pm Dydd Gwener

Dosbarthu: Sir Benfro

Marchnadoedd a Gyflenwir yn Bennaf: Cyfanwerthu, adwerthu arlwy, a siop y busnes.



Notes Nodiadau